

# HOLY TRINITY NEWS



## HOLY TRINITY NEWS

Holy Trinity Greek Orthodox Church  
5000 Lead Mine Road  
Raleigh, NC 27612  
Phone: 919-781-4548 • Fax: 919-781-4568  
Web site: www.holytrinityraleigh.org

Email: frpaulk@msn.com; frtheodore@nc.rr.com  
Office: remilkovich@nc.rr.com

Holy Trinity Church is a parish of the  
Greek Orthodox Metropolis of Atlanta (www.atlanta.goarch.org) and  
Greek Orthodox Archdiocese of America (www.goarch.org)  
under the Spiritual Jurisdiction of the  
Ecumenical Patriarchate of Constantinople.

### Holy Trinity Greek Orthodox Church Parish Administration

#### Clergy

Rev. Fr. Paul Kaplanis, Proto-presbyter  
Rev. Fr. Theodore Roupas, Assistant Priest  
Deacon Gavriilo Milkovich, Permanent Deacon  
Very Rev. Fr. George Arseniu, Retired Clergy

#### Staff

Rhonda Milkovich, Office Manager

**Parish Council** - Penny Gallins, President, Sophia Myers, Vice President, Mark Langford, Treasurer, Lekita Essa, Secretary, Elaine Noulis, Assistant Treasurer, Jimmy Elliason, George Kapetanakis, Jim Klemes, Frank Nixon, Mitch Owen, George Pappas, Helen Perros, Kevin Stavredes, Mary Winstead & Mary Wehbie

#### Ministries

Philoptochos ..... Sydney Langford, President  
GOYA..... Maria Hicks, Dee Fait, Nik Kamilaris, Advisors  
Angels, HOPE/JOY...Suzanne Adams, Christina Demos, Stacey Nelson,  
Mary-Perrin Vlahoplus, Zoe Pusic, Christina Theodorou, Advisors  
Young Adults.....Rebecca Shand, President  
Choir (Adult, Youth & Teen).....Elia Nicholas, Director  
Church School.....Laura Saparilas & Kristine Scharf, Directors  
Greek School .....Angela Sachs, Director  
Preschool.....Betsy Higgins, Director  
Stewardship & Welcome Ministry.....Tamara Costa  
GOYA Bookstore .....Tamara Costa  
Capital Campaign.....George Pappas, Chairman  
Education, Culture & Youth Committee.....Penny Gallins  
Orthodox Christian Men's Group..... John Saparilas  
Photo Team.....Chris Pappas  
Church Librarian.....Helen McCallum  
Greek Dance.....Angelena Brack & Dean Polilzos  
Homeless Outreach.....Deacon Gavriilo Milkovich  
Ahepa.....Harry Nicholas, President

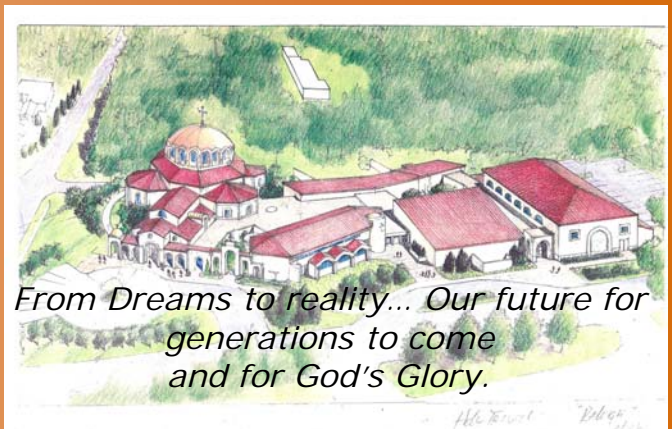
#### In this issue...

- ⇒ **Weekly & Sunday calendar**
- ⇒ **General Assembly Information**
- ⇒ **Nominations for the Parish Council & Scholarship Committee**
- ⇒ **Other upcoming events**

## October/November 2010 Vol. 1 Issue 7



St. Nektarios Feast Day  
Tuesday, November 9,  
Orthros, 8:30 AM/Divine Liturgy, 10 AM



*From Dreams to reality... Our future for  
generations to come  
and for God's Glory.*

## CALENDAR

Saturday, October 30  
Sunday School Teachers Seminar, 9:30 AM - 2 PM  
Tuesday, November 2  
Elections in our Parish Hall; Final Session for Spiritual Book Club, 6 PM; Pot-Luck Dinner followed by a special movie presentation  
Wednesday, November 3  
OCW Prayer Group, 8:30 AM  
Philoptochos Board Meeting, 5:30 PM  
Thursday, November 4  
OCM Prayer Group, 6:45 AM  
Boy's Basketball, 6:30 PM  
Friday, November 5  
**Parenting Skills Workshop, 6:30—8:30 PM, free!**  
Saturday, November 6  
**Marriage Enrichment Seminar, 10 AM-3 PM**  
\$25 per couple, lunch included  
Monday, Nov. 8 - Pastitsio Preparation, 9 AM  
Young Adult Meeting, 7:30 PM  
Tuesday, November 9 - Election Day!  
Feast of St. Nektarios, Orthros, 8:30 AM & Divine Liturgy, 9:30 AM;  
Wednesday, November 10  
OCW Prayer Group, 8:30 AM  
Assemble Pastitsio, 9 AM  
Parish Council Meeting, 7 PM  
Thursday, November 11  
OCM Prayer Group, 6:45 AM  
OCF Thanksgiving Dinner, 7 PM  
Friday, Nov. 12 - Angels/HOPE/JOY - 6:30 PM  
Sat., Nov. 13 -Blessing of the Animals, 10 AM  
Wednesday, November 17  
OCW Prayer Group, 8:30 AM  
Endowment Committee Meeting, 5 PM  
Capital Campaign Meeting, 6:30 PM  
Thursday, November 18  
OCM Prayer Group, 6:45 AM; Boy's Basketball, 6:30 PM  
Saturday, November 20  
Baptism: child of John & Elisabeth Galanos, 1PM  
Monday, November 22  
Church Cleaning, 9 AM  
Wednesday, November 24  
Orthros, 5 PM; Divine Liturgy, St. Katherine the Great Martyr, 6 PM  
Thursday, November 25 - Happy Thanksgiving!  
Tuesday, November 30 - Orthros, 8:30 AM and Divine Liturgy, 9:30 AM, St. Andrew

## SUNDAY LITURGIES

8:30 AM - Orthros  
9:45 AM - Chapel Liturgy  
9:50 AM - Doxology  
10:00 AM - Divine Liturgy

**Sunday, October 31 - Chapel Liturgy**

**5th Sunday of St. Luke**

Epistle: 2:4-10/Gospel: Luke 16:19-31

- ◆ 6-Year Trisagion, Anastasia Megaloudis
- ◆ Girl's Volleyball, 1:30 PM, Boys, BB, 12:30 PM

**Sunday, November 7 - GOYA Youth Sunday**

**7th Sunday of St. Luke - Chapel Liturgy**

Epistle: Eph. 2:14-22/Gospel: Luke 8:41-56

***(Daylight savings time ends, clocks 1 hr. back)***

- ◆ President of GOYA delivers the Sermonette
- ◆ 40-Day Memorial, Donald Joostema
- ◆ Ahepa Meeting in the Library, 12 Noon
- ◆ Greek School, 12 Noon
- ◆ Angels/HOPE/JOY, 1 PM
- ◆ Ladies Philoptochos Founders Day, Special Tray for the Patriarchate
- ◆ Ladies Philoptochos Meeting, 4 PM
- ◆ 2011 Stewardship Ministry Day  
***(Please bring to the church your completed 2011 Pledge Card)***
- ◆ 40-Day Blessing, child of Julie & Adam Powell
- ◆ GOYA Meeting, 5:30 PM

**Sunday, November 14 - Chapel Liturgy**

**8th Sunday of St. Luke, St. Philip the Apostle**

Epistle: 1 Cor. 4:9-16/Gospel: Luke 10:25-37

- ◆ GOYA GYRO Luncheon
- ◆ Artoclasia (Blessing of the 5 loaves for the St. John the Merciful Outreach Ministry)
- ◆ Parish General Assembly
- ◆ Girls Volleyball, 1:30 PM, Boys BB, 3:30 PM

**Sunday, November 21 - Chapel Liturgy**

**Entrance of the Theotokos**

Epistle: Heb. 9:1-7/Gospel: 10:38-42;11:27-28

- ◆ 40-Day Memorial: Angeline Stephens; 40-Day Memorial, 40-Day Memorial, Zigrida Smith
- ◆ Girl's Volleyball, 12:30 PM

**Sunday, November 28**

*No Chapel Liturgy*

13th Sunday of St. Luke

Epistle: Eph. 6:10-17/Gospel: 18:18-27

- ◆ Girl's Volleyball, 12:30 PM
- ◆ Boy's Basketball, 2:30 PM
- ◆ Wreath Pick-up day!

*(Greek School, 12 Noon on most Sundays)*

# 2010 Greek Pastry, Spanakopita and Pastitsio Preorder Form

*Sponsored by the Ladies Philoptochos Society*

Holy Trinity Greek Orthodox Church

5000 Lead Mine Road – Raleigh, NC 27612

(919) 781-4548; (Parish web site) [www.holytrinityraleigh.org](http://www.holytrinityraleigh.org)

Favorite Greek Pastries Prepackaged for the Christmas Holiday

*Frozen Pastitsio and Spanakopita will be also available for Thanksgiving*

**Assorted Pastries—baklava, finikia, koulourakia, kourabiethes, pasta flora and paximathia (Greek biscotti)**

\$30: Large Container (27 pieces)

\$15: Small Container (12 pieces)

**Baklava**

\$27: (8x8) pan

**Spanakopita (frozen)**

\$38: (10x12) pan

\$22: (8x8) pan

**Pastitsio (frozen)**

\$40: (10x12) pan

**All Baked and Frozen Items must be Preordered and Paid for by Sunday, Nov. 21, 2010**

Pickup Thurs., Dec. 2 (4-8 pm); Fri., Dec. 3 (12 am-9 pm);  
and Sat., Dec. 4 (11 am-3 pm)

**If you desire Spanakopita and Pastitsio for Thanksgiving.**  
**Please call Sydney Langford at 395-8003.**

Make checks payable to “The Ladies Philoptochos Society” and Mail Form with Payment to:

**The Ladies Philoptochos Society**

**5000 Lead Mine Road**

**Raleigh, NC 27612**

----- **Detach Order Form with Payment** -----

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City & Zip # \_\_\_\_\_

Phone (w): \_\_\_\_\_ (h): \_\_\_\_\_ email: \_\_\_\_\_

**Assortment:** Large # \_\_\_\_\_ Small # \_\_\_\_\_ \$ \_\_\_\_\_

**Baklava:** 8x8 # \_\_\_\_\_ \$ \_\_\_\_\_

**Spanakopita:** 10x12 # \_\_\_\_\_ 8x8 # \_\_\_\_\_ \$ \_\_\_\_\_

**Pastitsio:** 10x12 # \_\_\_\_\_ \$ \_\_\_\_\_

**TOTAL** \$ \_\_\_\_\_

**10% of Net Proceeds  
Will be Donated to  
Pretty in Pink Foundation**

*Pickup Your Preorders and Enjoy our Holiday Café  
Thurs. Dec. 2 (4-8pm), Fri. Dec. 3 (12-9pm), & Sat.. Dec. 4 (11-3pm)*

*The Remaining Proceeds Will Benefit Other Charities*

# Holiday Café

Sponsored by the Ladies Philoptochos Society

Holy Trinity Greek Orthodox Church

5000 Lead Mine Road

Raleigh, NC 27612

Phone: (919) 781-4548; Website: [www.holytrinityraleigh.org](http://www.holytrinityraleigh.org)

## Featuring Delicious Greek Food

Thursday, December 2, 4-8 pm

Friday, December 3, Noon-9 pm

Saturday, December 4, 11 am-3 pm

### Full Dinner Menu - \$13

Half Chicken Riganato or Pastitsio

Spanakopita

Greek-style Green Beans

Dinner Roll

Dessert

### Vegetarian Platter - \$11

Bean Soup

Spanakopita

Greek-style Green Beans

Dinner Roll

Dessert

### A La Carte

Large Greek Salad \$6

Dolmathes \$3

Pastitsio \$7

Half Chicken \$7

Spanakopita \$4

Soup \$4

Tossed Salad \$3

Iced Tea or Coffee \$1

Greek Bean Soup by the quart (take out) \$8

Enjoy a Meal when you pick up your Preorders.

Take-Out will also be Available.

10% of net proceeds will be donated to *Pretty in Pink Foundation*.

The remaining proceeds will benefit other charities.

**PARISH GENERAL ASSEMBLY, Sunday, November 14**

AN OFFICIAL NOTICE to all Holy Trinity Parishioners. Everyone is invited to attend the next Parish General Assembly, Sunday, November 14. The Election Committee consisting of the following members: Tamara Costa, Fotis Fotiou, Frances Mathes and Beba Zevgolis will present the nominated Candidates to run for the 2011/2012 Parish Council. The duties of the committee are to assemble the list of Candidates for the Parish Council Elections that will take place on Sunday, December 5. The Election Committee also has the responsibility to conduct the elections and to make sure the election procedures and by-laws are followed in accordance with our Archdiocese Uniform Parish Regulations. Any member in spiritual and financial good standing may nominate someone for the Parish Council by filling out the form below.

**The Parish General Assembly will include:  
READING OF MINUTES, TREASURER'S REPORT  
APPROVAL PROPOSED 2011 BUDGET  
GREEK FESTIVAL REPORT '10  
AUDIT COMMITTEE ELECTIONS  
SCHOLARSHIP COMMITTEE ELECTIONS  
NOMINATION OF CANDIDATES FOR PARISH COUNCIL  
COMMENTS - PARISH COUNCIL PRESIDENT  
COMMENTS - PARISH PRIEST  
OLD & NEW BUSINESS**

**ELECTION REQUIREMENTS/GUIDELINES**

In order to be nominated as a candidate for the Parish Council elections, you must be an Orthodox Christian in good standing ecclesiastically, morally, and financially, according to the Archdiocesan Uniform Regulations. Ecclesiastically means that you should be faithful in your worship and participation in the sacraments. Further, if married, you should have been married by an Orthodox priest. If divorced, after having been married by an Orthodox priest, this marriage should have been dissolved by an ecclesiastical divorce. Morally means you should be trying to live a Christ-centered life style according to the precepts outlined in the Holy Scriptures and the Canons of the Church. Financially means you should be a generous steward of the Church, giving according to the blessings the Lord has bestowed upon you, but at least according to the minimum guidelines prescribed by the Parish Council and approved by the General Assembly. You should also be available to attend every monthly meeting of the Parish Council on the second Wednesday of each month and assist in the various fund raising activities of the church.

Please note especially the following By-Law approved by the Clergy-Laity Congress as a revision in the Archdiocesan Uniform Parish Regulations:

**A: ARTICLE XV, SECTION 3, PARAGRAPHS A-D**

All candidates shall attend a seminar conducted by the priest prior to the elections at which the priest shall discuss and explain the Uniform Parish Regulations and significance of the affirmation of office. At the discretion of the respective Hierarch, such seminar may be held locally or regionally, provided that candidates are given appropriate advance notice and more than one reasonable opportunity to attend the seminar in a location within close proximity to the applicable Parish. In the event that an otherwise eligible candidate(s) cannot attend the scheduled seminar(s) for justifiable cause, the Priest shall meet privately with such individual(s) to provide the seminar.

At the conclusion of the seminar all candidates will acknowledge that they understand the Regulations and will abide by them and the affirmation of office. If a candidate for the Parish Council does not attend a seminar and sign the statement, his/her name shall be deleted from the list of candidates.

**NOMINATION FOR ELECTION**

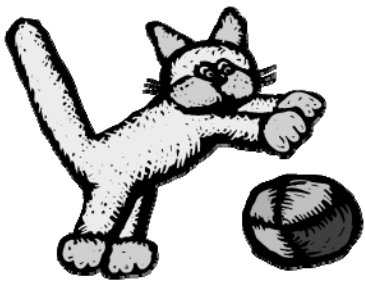
We, the undersigned, nominate: \_\_\_\_\_  
as a candidate for election to the Holy Trinity Greek Orthodox Church of Raleigh, North Carolina for the term of January 2011 to December 2012. Nominations close, Sunday, November 14, pending approval of the General Assembly being held that day.

\_\_\_\_\_  
(Signature of member in good standing)

\_\_\_\_\_  
(Signature of member in good standing)

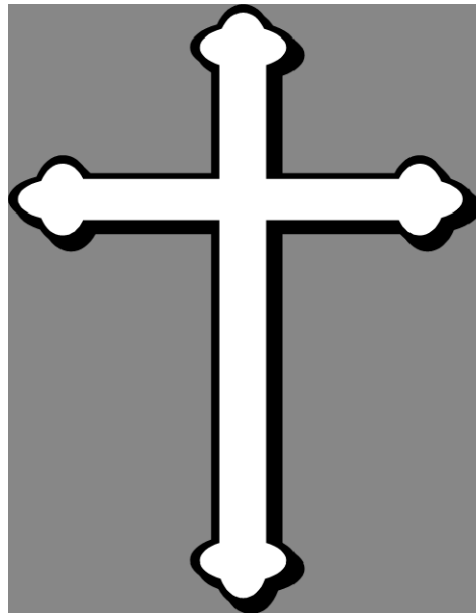
I accept the nomination for election to the 2011 – 2012 Parish Council Date: \_\_\_\_\_

\_\_\_\_\_  
(Signature of Nominee)



# *Blessing of the Animals*

## *Holy Trinity Greek Orthodox Church*



*Saturday, November 13<sup>th</sup>, at 10:00 am*  
*Treats for dogs, cats and their people!*  
*Meet in the back parking lot*



## **FINANCIAL UPDATE**

On average, how much does it cost per week to keep the doors open at Holy Trinity?

1) \$5,000 2) \$7,000 3) \$10,000

If you chose #3 you were closest.

Weekly costs are: \$9,439.

If you have not pledged yet this year (2010), please do so. If you have fallen behind, we would appreciate your loving offerings.

**2011 Stewardship Sunday**  
**Sunday, November 7, 2010**  
***(Please bring to the church your completed 2011 Pledge Card)***

**HOLY TRINITY  
GREEK ORTHODOX CHURCH  
5000 LEAD MINE ROAD  
RALEIGH, NC 27612**

**Time Value Mail  
Please expedite handling**

**ADDRESS SERVICE REQUESTED**

Non-Profit Org.  
U.S. Postage  
PAID  
Raleigh, N.C.  
Permit No. 143

## ***ON CHURCH ATTENDANCE***

By St. Theophan the Recluse

Do not be tempted to indulge yourself in not coming to church at the beginning of the service or leaving before it is over. Remember, each service is a complete unit and it can provide its full benefit only in its entirety. Just as food is tasty only when it is fully seasoned, so the service can completely satisfy the spiritual taste only when it is heard in full. Thus, he who misses the beginning or does not remain until the end is laboring, but he deprives himself of the fruit of his labor; he creates with one hand and destroys with the other.... Approaching the church, you must leave every care and worry about your affairs at the threshold in order to enter with a serene mind. Entering the church, you must put on reverence like a garment, remembering to Whom we are coming and to Whom we intend to address our prayers. Having taken your place in the church (best of all, the same place each time), you should gather your thoughts and mentally stand before the face of the omnipresent God, offering Him reverent worship in body and spirit, with a contrite heart and in humble reverence. After this, you must follow, without wandering thoughts, everything that is going on —what is being sung and read in the church—all the way to the end of the service. That is all! In this way, we will not be bored in church, looking here and there and starting conversations, and we will not be wishing that the service be over soon. Instead, passing from one prayerful feeling to another and from one reverent thought to the next, we will be like those in a fragrant garden, moving from one group of flowers to another.