

SALT & LIGHT

Build character and stand up for what you believe

"You are like salt for everyone on earth. But if salt no longer tastes like salt, how can it make food salty? All it is good for is to be thrown out and walked on.

You are like the light for the whole world. A city built on top of a hill cannot be hidden, and no one would light a lamp and put it under a clay pot. A lamp is to be placed on a lamp stand, where it can give light to everyone in the house. Make your light shine, so that others will see the good that you do and will praise your Father in heaven."-- Matthew 5:13-16 (CEV)



Psalms 139:13-14.

So you're a Christian and you've read that you should share your faith, but you don't know how. The good news is that the best way to share Jesus' work in your life is to live according to the standard set before you in the Bible.

Did you know that the Bible calls us living epistles? That's because your life might be the only "letter" from God that someone reads. But hopefully it will just be an introduction for many people who are searching for peace, love and joy.

Salt & Light is what you are and who you can be as your faith in God grows. We hope that these lessons will encourage you to explore who you are in the body of Christ and to stand on his word no matter what situation you face.

Know Yourself

This is a section for reflecting about how you perceive yourself. See

Know the Word

This section will help you get into the Word and gain deeper understanding of how the Scriptures relate to you and everyday living. See 2Timothy 2:16.

Know Others

This section captures what others, mainly musicians, sports figures, writers and the like have said or done to embody the theme of the study.

The Choice is Yours

Finally the last section encourages you to put your faith into action and make a difference.

