

Genral Info

Lodging: Each Cabin at Pleasant Hill Park has 2 bedrooms each with a double bed and a common room with a pull out couch that has a double bed. There is a full kitchen with refrigerator, so you are welcome to bring drinks and snacks. There is one bathroom with a shower in each cabin. Every missionary is responsible to keep his/her cabin clean. You must bring linens and they are included on the packing list. Each bed has pillows, a blanket and a bedspread. Cabins are air conditioned. We have rented 7 cabins for the week. Some cabins may see a variety of people staying there because not everyone is staying the whole week. The cabins are a 5-10 minute drive to the Skete.

A word about dress code: *Please remember that we will be working at a monastery.* No short shorts or tank tops will be allowed. Please bring t-shirts, capris or jeans for the work site. Shorts MUST end below the finger tips. You need to wear a closed shoe on the work site (ie sneakers are OK). At the lake, girls need to wear a one piece bathing suit or have a t-shirt on over a bikini AT ALL TIMES. Let me know if you have any questions. **CHURCH ATTIRE:** At church, girls need to wear a skirt or dress to the knee. Again, no tank tops (unless covered by a sweater at all times). Flip flops are OK. Boys need a pair of dress pants (ie Khakis) and a collared shirt. We will be attending liturgy Sunday and the last Saturday.

Meals: We will be eating all our meals at the Skete. Breakfast and lunch will be simple – cereal/ bagels for breakfast and sandwiches for lunch with fruit and chips. There will be a snack at the end of the work day. Dinner will be brought to us by a caterer that Mother Theadelphi has a relationship with. Please let me know ASAP if anyone has a food allergy.

Packing List

Sheets for a double bed (discuss with your room mate who will bring sheets)

Bath Towel/wash cloth

Beach Towel

Flashlight

Bug Spray with DEET

Sunscreen

Work gloves

Hat

2 pairs of jeans (for working)

7 t-shirts for working

8 sets underwear

Closed toe shoe like a sneaker for working

6 prs Socks

3-4 pairs shorts

3-4 t-shirts for after work

1-2 Bathing suits (one piece for girls – no bikinis)

Sandals/flip flops

Pajamas

Toiletry Items: Shampoo/Conditioner

Soap

Toothbrush and Toothpaste

Deodorant

Brush/comb

Shaving Supplies where needed

Feminine Supplies where needed

Pony tail holder where needed

Medications

Refillable Water Bottle

Snacks/drinks

Small games

Money for lunch on the way there and on the way home

Camera

Back Pack/ Bag to take bathing suit, sunscreen and bugspray to worksite

Alarm Clock

Sweatshirt

Rain Poncho

Church Clothes

Health Form